



Harvard Medical School
Department of Psychiatry
McLean Hospital
Institute of Coaching

Carol Kauffman, PhD ABPP PCC

Carol Kauffman PhD ABPP PCC
Founder, Managing Director

EDUCATION

1984 Ph.D. in Clinical Psychology, Boston University

RECENT ACADEMIC AND CLINICAL APPOINTMENTS

2009 – present *Founder, Director:* Institute of Coaching,
McLean Hospital, Harvard Medical School

2007 - 2008 *Founding Director of the Coaching and Positive Psychology Initiative*
Harvard Medical School, McLean Hospital

2008 - present *Hon Vice-President* Society for Coaching Psychology

2005 – present *Assistant Clinical Professor in Psychology* in the Department of
Psychiatry at Harvard Medical School.

2006 - present *Coordinator of Post Doctoral Professional Development,* Harvard
Medical School, McLean Hospital.

2005 - present *Examiner and Diplomate* of the American Board of Professional
Psychologists

CONSULTATION AND EDITORIAL BOARDS

2007 – present *Co-Editor in Chief; Coaching: International Journal of Theory,*
Research and Practice Routledge Press.

2008 – present *Co-Chair* of the International Coaching Research Forum Annual
Conference

2008 – present *Editorial Board:* Coaching at Work, CIPD, UK.

2007 – present *Conference Chair* for the Harvard Medical School and McLean
Hospital CME course: Coaching: A New Horizon

2007 – present *Chief Supervisor:* Meyler-Campbell Ltd, London, UK

2007 – present Positive Psychology and Development Consultation

2007 – 2008 *Co-Chair* for the Global Convention on Coaching, Research

RECENT PUBLICATIONS

Kauffman C, & Coutu D (2009) *HBR Special Report: The Realities of Executive Coaching*.

Coutu D, & Kauffman C (2009) What coaches can do for you? *Harvard Business Review*

Kauffman, C Bonniwell I & Silberman J (in press) Coaching from a foundation of positive psychology, in Bachkirova T & Cox E (Eds) *The Sage Handbook of Coaching*, London, Sage Press.

Kauffman, C, & Peterson, D (in press) *The Coaching Relationship: Guide to Optimal Growth* Hoboken, NJ: John Wiley

Kauffman, C (in press) Positive Psychology Coaching: Moving from Theory to Practice, Lead chapter in T Freire (Ed) *Understanding Positive Life: Research and Practice on Positive Psychology*, Lisboa, Climepsi Editores.

Kauffman, C & Bachkirova (2008) Many Ways of Knowing. Editorial, *An International Journal of theory, research & practice*. 1 (2) 107 – 113

Kauffman, C & Bachkirova (2008) An International Journal of Theory Research and Practice: Why does it matter? Editorial, *Coaching: An international journal of theory, research & practice*, 1 (1) 1 – 7

Kauffman, C & Linely, P A (2007) Pragmatic Perspective: Putting positive coaching psychology into action, *International Coaching Psychology Review*, 2 (1) p. 97 - 102

Linely P A & Kauffman C (2007) Guest Editors Editorial – Special Issue: Positive coaching psychology: Integrating the science of positive psychology with the practice of coaching psychology, *International Coaching Psychology Review*, 2(1) p. 5 – 8.

Kauffman C & Linely, P A.(2007) “Meeting of the Minds: Positive psychology and coaching psychology, *International Coaching Psychology Review*, 2 (1) p 90 – 96.

Kauffman, C (2007) “A Positive Psychology Primer,” Book Review, *International Coaching Psychology Review*, 2(1) p. 105 – 106.

Kauffman C & Silberman, J (2007) “Strengths Based Assessments” Chapter in: J Passmore (Eds) *Coaching Psychometrics*, Routledge Press, London, 2007

Kauffman C (2007) From Clinical to Coaching Psychology, Chapter in R Lambert: *How Coaching Works..*

Kauffman C (2007) Positive Psychology Coaching, from theory to practice, *Understanding Positive Life: Proceedings of the Third European Conference in Positive Psychology*. London, Routledge Press.

Kauffman, C. (2006). Positive psychology: The science at the heart of coaching. In D. R. Stober & A. M. Grant (Eds.), *Evidence based coaching handbook: Putting best practices to work for your clients* (pp. 219-253). Hoboken, NJ: John Wiley

Moore, M & Kauffman (2005) Relational Flow Published in: *Proceedings of Third ICF Coaching Research Symposium*

Kauffman, C & Scouler, A: (2004) Towards a Positive Psychology of Executive Coaching. Chapter in: Linley & Joseph (Eds) *Positive Psychology in Practice*. New York: Wiley Press, 2004.

Kauffman, C (2004) Demystifying Research for the Coaching Practitioner Paper published in the proceedings of the Second Annual Coaching Research Symposium.

RECENT PRESENTATIONS (2008)

Spinning Straw into Gold: Turning the research of positive psychology into artful coaching practice Address to the annual meeting of the International Coaching Federation annual meeting, Toronto, Canada

Integrating Positive Psychology into Assessment and Practice in Both Clinical and Coaching Settings, Chair and presenter at the annual meeting of the American Psychological Association, Boston, Massachusetts.

Positive Psychology and Coaching – Applying theory to practice Paper presented at the annual meeting of the American Psychological Association, Boston, Massachusetts.

Coaching top performers with strengths based approaches One day workshop for European fleet of coaching, BCG, Munich, Germany

How Coaching Works Keynote for Harvard Medical School CME Conference, Coaching: A new Horizon; Theory, Emerging Research & Practice, Boston 2008.

Putting Positive Psychology into Practice: Two-Day Masterclass for the Danish Psychological Association, Copenhagen University and the Copenhagen Coaching Consortium (2008)

Coaching for Confidence: One day workshop for UK business coaches, sponsored by Meyler-Campbell Ltd at the Royal Society for Medicine, London UK.

Values in Action: Inventory of Strengths One day workshop for top officers of global consulting organization, Amsterdam

Positive Psychology & Corporate Development Invitation-only working conference of Harvard Business School