



Harvard Medical School
Department of Psychiatry
McLean Hospital
Institute of Coaching

Carol Kauffman PhD ABPP PCC
Founder, Director

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Brief Biography

Carol Kauffman is the Founding Director of the Institute of Coaching located at McLean Hospital, Harvard Medical School where she is an Assistant Clinical Professor. She launched the annual Harvard Coaching Conferences, now given annually each September as well as the International Coaching Research Forum now also an annual working conference. She has taught at McLean Hospital, Department of Psychiatry at H.M.S. since 1985 and has been a senior supervisor for over twenty five years. Dr. Kauffman is also a Diplomate of the American Board of Professional Psychology and is an Examiner for the Board.

A veteran psychologist and coach she is a Professional Certified Coach and has participated in over 38,000 psychotherapy and coaching sessions. Carol maintains an active executive coaching and coaching supervision practice in the US, UK and Europe and is the Chief Supervisor for Meyler Campbell Ltd a business coaching program based in London. Dr. Kauffman also enjoys offering short coaching consultations for executive coaches facing unexpected challenges. Sessions offered in person or telephone.

As a regular Keynote speaker, Dr. Kauffman also runs Masterclasses and Workshops that range from half-day to three days on numerous topics related to coaching, development, positive psychology and strengths-based interventions. She also offers group supervision sessions. She has spoken recently in Germany, Netherlands, UK, Canada, China, Malaysia, Portugal and throughout the US.

As Co-Editor in Chief of the academic and professional peer-reviewed journal, *Coaching: An International Journal of Theory, Research and Practice* Dr. Kauffman writes regular editorials on coaching. She also Co-Edited the *Special Issue in Positive Psychology* of the *International Coaching Psychology Review* where she is on the editorial board. She is also an ad-hoc reviewer for the *Journal of Positive Psychology* for Routledge and Wiley Press. She has written numerous chapters and academic articles on coaching and positive psychology. Her most recent article will be published in the Harvard Business Review special issue on executive coaching, January 2009.

Carol and her work are featured and quoted extensively in the media including the NY Times, Wall Street Journal, LA Times, USA Today, Business Week, Forbes and New York Magazine. She has coached live on radio and for a Canadian Broadcasting System documentary. Most recently (December, 2008), she was featured on the cover of *Coaching at Work*.